

# REDUCING THE GLOBAL BURDEN BY 2030

Cardiovascular disease (CVD) is the leading cause of mortality for women and was responsible for 35% of deaths in 2019. Yet, women with CVD remain globally under-studied, under-recognised, under-diagnosed and under-treated. The Lancet Women and Cardiovascular Disease Commission: Reducing the Global Burden by 2030 was formed by key medical experts from around the world to combat CVD among women and reduce the global burden of disease by the year 2030.

## ABOUT THE LANCET COMMISSION

17 Medical Experts

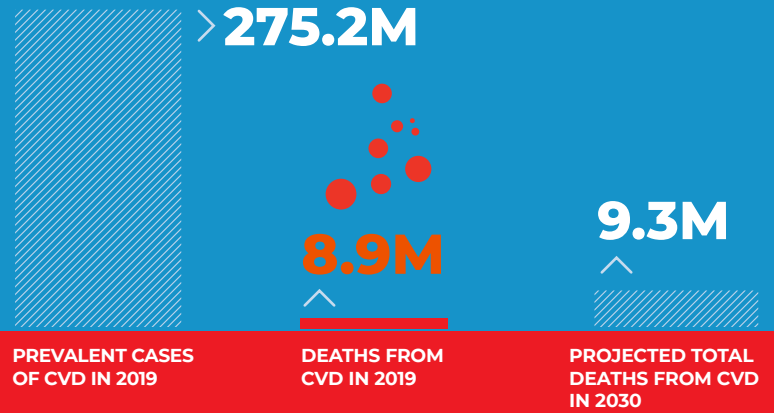
11 Countries

Addressing sex & gender disparities in CVD

Improving women's CVD outcomes based on geographic areas and risk factors

Reducing the global burden of CVD by 2030

## GLOBAL BURDEN OF CVD IN WOMEN



## RISK FACTORS FOR CVD

- ✓  
**HYPERTENSION**
- ✓  
**DYSLIPIDEMIA**
- ✓  
**DIABETES**
- ✓  
**OBESITY**
- ✓  
**UNHEALTHY DIET**
- ✓  
**SEDENTARY LIFESTYLE**
- ✓  
**SMOKING**



### SEX-SPECIFIC FACTORS

- Premature Menopause
- Gestational Diabetes
- Hypertensive Disorders of Pregnancy
- Pre-term Delivery
- Polycystic Ovary Syndrome



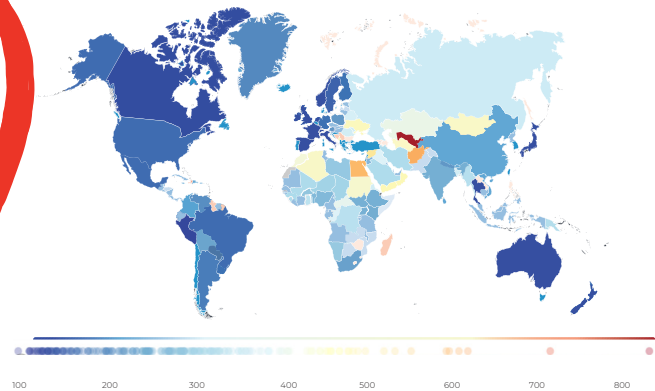
### UNDER-RECOGNISED FACTORS

- Psychosocial Risk Factors
- Intimate Partner Violence
- Socioeconomic Deprivation and Poverty
- Poor Health Literacy
- Environmental Risk Factors



### GLOBAL REVIEW

Age-Standardized CVD Mortality in Women (2019). Deaths per 100,000



## REDUCING THE GLOBAL BURDEN BY 2030



Close Knowledge Gaps



Enhance Awareness of CVD



Target Well-Established, Sex-Specific and Under-Recognised Risk Factors



Strengthen Healthcare Systems and Engage Healthcare Professionals